



THE PULSE

From the Longevity Health Center Team

October 2023

Longevity Health Center has been named Best Acupuncture by Maui Times Best of Maui 2023!

FREE Crisis Relief and Recovery Clinic

To better heal from the recent wildfire tragedy on Maui, Longevity Health Center will continue to provide a free crisis relief and recovery clinic. We are offering a five-point auricular (ear) acupuncture protocol designed to relieve stress and trauma from the body, mind and spirit. With support of Acupuncturists Without Borders and the Maui Acupuncturist Collective, anyone and everyone are welcomed to attend and receive this profound treatment during the following hours:

WEDNESDAY 2 PM - 4 PM
THURSDAY 9 AM - 11 AM
SATURDAY 10 AM - 12 PM

Longevity Health Center Continued to Offer Fee-Based Services

Traditional Chinese Medicine (TCM) services including acupuncture, Chinese herbs, and massage therapy as well as lifestyle education and movement therapy are available.

Our expert team of licensed massage therapists are available **Mon-Fri 9 am-6 pm** and **Sat 10 am-3 pm**. One hour massage therapy appointments are scheduled for \$100 private pay or with an active referral for a Hawaii workers compensation or no-fault (PIP) claim.

Fee-for-service acupuncture is currently offered during the same hours but in two different formats:

Community Acupuncture is acupuncture designed to support whole health in a group treatment setting (four zero-gravity chairs in our Zen Den treatment room). The rates are \$50 for new patients and \$40 for established patients. The current hours of operation are from 12:00 pm-4:00 pm on Tuesdays and Fridays.

Private Practice Acupuncture is when acupuncture and TCM modalities are provided in private treatment rooms within the scope of holistic healthcare. Many insurance plans as well as Hawaii workers compensation and No-Fault personal injury cases cover acupuncture services for private practice. Private pay for private practice is currently \$110 for new patients and \$80 for established patients (plus HI GET)

October & November Product Special: **Super Immunity**



We would like to highlight Longevity Health Center's own proprietary herbal formula, **Super Immunity**.

It is a Chinese herbal formula expertly designed to support respiratory health and to reduce symptoms of asthmatic breathing/wheezing, mild sore throat, nasal congestion, post-nasal drip and headaches, especially when related to dirty air containing particulate matter.

Although the formula was originally designed for pediatric use to combat symptoms from vog and cane burning, it is also proven to be effective in preventing or recovering from Covid infections during the pandemic.

We also suggest its use for recovery from smoke inhalation from the wildfires as well as prevention for the upcoming Covid, cold and flu season.

We are offering a 25% discount on Super Immunity now through November 30, 2023.



HOURS OF OPERATION

MONDAY - FRIDAY 9AM - 6PM
SATURDAY 10AM - 3PM

BY APPOINTMENT • INSURANCE ACCEPTED

HOLIDAY OFFICE CLOSURES

Veteran's Day
Saturday, 11/11

Thanksgiving Holiday
Wed, 11/22 – Sat, 11/25

"After a traumatic experience, the human system of self-preservation seems to go onto permanent alert, as if the danger might return at any moment."

– Judith Lewis Herman

ACUPUNCTURE • CHINESE HERBS • MASSAGE • MOVEMENT THERAPY • LIFESTYLE EDUCATION

2045 Main Street, Wailuku, Maui • 808.242.8844 • LongevityHealthMaui.com